# One-of-a-Kind Taste

Exploring the Zen Orchard of the Subarashii Kudamono Pear





After just one bite, the crisp, sweet tang of an Asian pear from Subarashii Kudamono skitters across the tongue.

Loosely translated from the Japanese, Subarashii Kudamono means "wonderful fruit."

And so they are. The Asian pear's flavor and texture is unique among tree fruits, and its taste is unforgettable to those who encounter it. The weight and heft of an Asian pear are surprising—about the size of a slow-pitch softball. At Subarashii Kudamono, an Asian pear orchard and pear products producer based in the Lehigh Valley, a single fruit often weighs roughly a pound—a more-than-substantial handful.

Its stippled bark is often a burnished light brown or harvest gold. It's not possible to compare Asian pears to apples, like a Pink Lady or an Ida red—nor are they anything much like a Bartlett or D'Anjou pear. These classically shaped European pear varieties are often the color of lime, butter or scarlet burnished skins, and they have an altogether different texture and flavor.

Asian pears are the pride and joy of Subarashii Kudamono, which is the endeavor of Lutron Electronics Company, Inc., its founder, Joel Spira and his wife, Ruth Rodale Spira. Joel discovered these beguiling and irresistible fruits decades ago while traveling abroad, but he wasn't content to leave the one-of-a-kind taste behind, or filed away as another intriguing culinary memory.

By Melinda Rizzo Photography by Michael Sandy

### A Little *History*

After enjoying an Asian pear at dinnertime while on a business trip to Japan during the 1970s, Joel looked for Asian pears once he returned home to Pennsylvania.

His efforts in the Lehigh Valley then proved-for lack of a better word-fruitless. Undaunted, the couple planted a few trees along a sloping side yard next to their home in the hope of growing their own table fruit.

Today, the original backyard slope that was home to those early plantings remains a fertile part of the experimental nursery where Subarashii Kudamono seeks to develop new and patent-worthy varieties of Asian pears.









Farm dogs like Blazer, an Alaskan Husky, help keep the orchard free of natural enemies.

# Life in the Orchard Some are planted out like concentric cir- watch for pests like voles, groundhogs,

cles, layering the gently inclining sides of small hills and mountains. A few are chard's trees. Without predators, the pear planted in "soldier rows" straight and sure, against the troughs the valley makes be- Fruits can ripen to maturity for the harvest. tween the grassy mounds. All the plantings respect the attitude of the landscape. here. Most are in pairs, but a few are soli-The acres harmonize with the peaks and tary. They have free run of the landscape, valleys. They work a visual magic, offering and are aware of their surroundings all the some new vista with each passing sea- time," says Holly Harter, marketing direcson, a kind of Zen orchard arrangement in tor for Subarashii Kudamono, and comthe Pennsylvania countryside.

Three production orchards—one located in Germansville, Lehigh County and two spirited philosophy. more in Kempton, Berks County-make up production enterprise.

About 20 working farm dogs patrol the orchard's acreage. They are part of the mas- ing to Harter, cares for the dogs. They ter pest and management program mindfully employed by Subarashii Kudamono staff. The dogs, mostly Alaskan huskies and welfare regularly. and other sturdy, working breeds, keep vigil over the orchards. The dogs keep pests aren't the only enemies of fruit

deer and other natural enemies of the ortrees can bud and the blossoms can set.

"The dogs have a great working life pany spokeswoman.

The dogs are part of the orchard's green-

"We use as many natural practices as the backbone of Subarashii Kudamono's possible to maintain the orchards, and the dogs are part of this," Harter says.

> An on-site kennel manager, accordhave outdoor doghouses located in the orchards and are checked for their health

But marauding ground predators and

A hands-on approach applies to many of the processes on the orchard including the hand-clipping of stems.

trees. To ward off flocks of birds, which fashion, with a larger, fuller "skirt" and a can devastate growing trees, Mylar rib- smaller top crown. After trimming, the bons bedeck both young saplings and mature producing trees alike. The ribbons mas pine rather than a typical orchard tree. sparkle like Christmas tinsel in the glinting sunshine all year long.

"Each tree has at least a couple ribbons, to inspect and care for, and certainly the although we focus on the perimeter so those picking is easier for us," says orchard genare heavier with the Mylars," Harter says.

According to Harter, the birds-eye views of the fluttering silver ribbons create the fashion, so nothing the orchards produce illusion of a landscape literally on fire. "It's is ever wasted. Top grade fruit-the extremely effective, and it's a low impact heaviest, most perfect and blemish freeway to ward off birds from the trees and fruit," Harter says. Working with industry gift boxes, and single fruits sold through experts in pest management and control. the orchard staff is committed to using region. Find them locally in season at low-impact pest and herbicides to maintain the health and vitality of the orchard able on the company's website and can be and its produce

the orchards, like a prized vineyard, are tember through November. They range tended to entirely by hand

From pruning in late winter to checking the buds and setting fruit all the way pounds for \$49.95. Single variety, nineto harvest and beyond, human hands care pound boxes are also available for \$39.95. for these special pear trees. The trees are worked by farm hands on the ground and up on ladders. They are pruned in a whorl



64 september 2011

pear trees most closely resemble a Christ-"This way we can keep the canopy manageable and it makes the trees easier eral manager Tom Sacks.

All grades of fruit are used in some goes to market whole as fresh Asian pear upscale boutiques in the mid-Atlantic Wegmans locations. Gift boxes are availshipped throughout the United States dur-In addition to gentle growing practices, ing the fresh season, typically from Sepin price from \$29.95 for a five-pound box, to a mixed variety seasonal box of up to nine

In addition to gentle growing practices, the orchards, like a prized vineyard, are tended to entirely by hand.

#### Versatility & Uses

and exploring its many uses is part of cess isn't the model the Spiras follow, the the Subarashii Kudamono vision.

which may have some blemish or isn't up to They are constantly looking for methods standard for fresh sales," says Scott Hanna, to increase the already significant line of vice president for engineering programs at fruits available from the orchard's stocks. Lutron Electronics Company, Inc.

with prices starting at \$4.95. The dried patented hybrids. A new, sixth variety is pears offer a healthy snack, which has a currently in development, and scheduled condensed sweet caramelized flavor and to reach consumers by 2013. high sugar content.

an eau-de-vie de poire are made from the once they leave the tree—to dried pear remaining fruit, which doesn't make it to slices and alcoholic beverages, Asian pear the produce aisles or the packed gift box- and pear products are what the business es, and is now available through PA Wine plan is all about. and Spirit stores.

The pear Riesling costs \$13.99. The dessert wine, which is similar to a winter ice wine, costs \$24.99 and the eau de *vie* prices out at \$46 and is ideal for mixed drinks and pear martinis, Harter says.

family, and it has become a labor of love for those associated with Subarashii Ku- cal broadcast programming at Lehigh Cardamono." Hanna savs.

The Asian pear is a versatile fruit indeed, Since resting on past or current sucstaff is constantly thinking of ways to get "Dried pears are produced from fruit the Asian pear message out to the public.

Subarashii Kudamono grows roughly Dried pears are available out of season 15 varieties, including five developed and

From its fruit, handpicked at the peak of Pear Riesling, pear dessert wines and flavor-because Asian pears do not ripen

> "What we've been charged to do is find ways to market the Asian pears and the Subarashii Kudamono brand across the entire year," Hanna says.

Harter says Asian pears have taken easily to the radio waves with *Cooking* "This is truly a labor of love for the Spira with the Classics broadcasts in conjunction with The Allentown Symphony and classibon Community College on WXLV FM 90.3. "Our radio quest chefs and pear-inspired musical programming has been a lot of fun and a great way for people to try

using Asian pears creatively at home and

to learn more about them," Harter says.







After picking, pears are sorted, some are chosen for wine and then pressed and distilled.

## The Japan/Pennsylvania Connection

The mountains just outside Tokyo and The desired new qualities can be flavor, Germansville both have similar terrain and more in common than initially meets a few. "Hardiness and disease resistance, the eye. In fact, it's those similarities how well the fruit travels, how easily it between their twin terrain, climate and bruises, or not, might be other qualities growing conditions, that make Japan and Pennsylvania two abundant producers of Sacks explains. Asian pears, Sacks says. The key ingredients are soil, sunshine, rainfall, drainage

"The seeds of the fruit carry the new DNA. We graft bud wood onto existing and growing season. rootstocks we know to be hardy and dis-The diversity of our four-season climate ease resistant." Once grafted bud wood brings: companionable temperatures throughbegins to grow, a new variety begins its out the growing season and the remainder of the year, as well as soils ideal for cess can take from five to seven years. and Spirit shops. growing and bearing fruit—hallmarks Add the time to patent a new variety and of the Pennsylvania orchards and their register the new fruit and another two years have gone by. "It can take as long as in the United States, Subarashii Kudamono, Asian counterparts. "The mid-Atlantic region—especially 12 years from start to finish before we can is modeled after a unique and innovative New York. Pennsylvania and Maryland introduce a new variety to the market," spirit. "The joy of working here is the interare ideal for growing Asian pear trees," Sacks says.

Sacks savs.

Our soil's richness and complexity, including the shale bedrock and ample drainage, feeds the trees, making the flavor of the fruit unique. "It's like comparing East Coast apples with West Coast apples. They're both apples, but they taste completely different. So it is with Asian pear mer switch nearly 50 years ago. varieties and the soils they are grown out of." Sacks savs.

Growing what's already available is one do things differently," Harter says. thing, but giving the world an entirely new variety is another facet of Subarashii Kudamono's mission. Creating new varieties of Asian pears is an exercise in patience. Joel Spira, the inventor of the dimmer

Beginning with careful selection of par- switch in 1959, founded Lutron Electronent stocks, including the qualities breeders want to showcase from those parents light could be manipulated. Joel and Ruth is the first step of the process. Then cross- incorporated Lutron in 1961, according to pollination happens with tree blossoms the company's website. and swabs.



Dried pears make yummy and convenient snacks. Fresh pears make great gifts.

This is truly a *labor of love* for the Spira family, and it has become a labor of love for those associated with Subarashii Kudamono. crispness, texture or flesh color, to name we'd be looking for in a new variety,"

years of work and development in every every day to go to work," Harter says. S Asian pear we grow," Sacks adds.

Ever the pioneers, the Spiras approach their Asian pear business in much the For further information or to order Subarashii same way they revolutionized the lighting industry with the development of the dim-

"The Spiras and the staff are creative thinkers. We're always looking at how to

What began as a backyard hobby and experiment has become a partner business to Lutron Electronics Company, Inc. ics Company, Inc. after exploring the way





journey. The breeding and grafting pro- Pear wine by the bottle is now available at PA Wine

One of the larger Asian pear operations est and passion about the product, and the "What we grow is experience. There are way we approach what we do. It's a pleasure

> Kudamono products, visit their website at wonderfulfruit.com.



