Subarashii Kudamono Recipe Cards

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Subarashii Kudamono

Subarashii Kudamono Asian Pear Green Smoothie

Ingredients

½ cup water

1 small lemon, peel and pith removed

½ stalk celery, diced

2 ounces dried Subarashii Kudamono Asian Pears,

reconstituted in water and chopped (reserving ½ cup water)

½ teaspoon minced fresh ginger

2 cups fresh spinach leaves

½ cup ice

Directions: Place ingredients in blender in order listed. Blend until well pureed. Strain, if desired, and drink immediately. Makes 1 large or 2 small drinks.

- Chef Lesle

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